

been incredibly important, not just for themselves, but for their men and for the Earth Mother as a whole. They have not only rebirthed themselves as beings of immense spiritual and sexual power, but they have also paved the way for their men to follow suit.

Although there are still some men today (and surprisingly, even some women) who view the male sex as the stronger and more potent, it is an outdated view that says women must remain passive to their men, be content to raise the children alone and keep house. We need to start taking responsibility for what happens in our own back yards: our lives and our families, our actions and our beliefs. We need to honour what it means to be men and women and what it means to walk hand-in-hand as *A People*. We need to drop stereotypes, peer group pressure, blame, guilt and fear. We need to celebrate our existence here on earth as spiritual beings having physical experiences. Our mothers, wives, sisters and daughters must continue to learn physical skills, play sport, advance academically and consider themselves capable, if not more so, of achieving everything their brothers can, while maintaining their ability to vision, honour their bleeding time and commune directly with Spirit through song, prayer and chant. But, above all, it is also time for us to encourage our fathers, husbands, brothers and sons to cry, love, dream, trust their intuition and sing from their hearts, while still becoming the solid, grounded provider/protector warriors Spirit intended them to be.

Scott Alexander King is a teacher, animal spirit intuitive, psychic, public speaker and owner of Circle of Stones, a shop in Warburton, Victoria. He is also the author of 'ANIMAL DREAMING: the symbolic and spiritual language of the Australian Animals', and the 'Meeting your Totem Animal - a meditative journey' CD, and the 'Animal Dreaming Oracle Cards': both soon to be released. Since the age of eight, Scott has worked with animals on both an intuitive and tangible level, and currently is a regular contributor to the Australian Witchcraft Magazine with his column, 'ANIMAL TOTEMS'. His passion is to help people rekindle their innate relationship with the Earth Mother, the animals, and, most importantly themselves. He offers workshops and seminars on the topic and is available for interviews. Visit him at www.animaldreaming.com